## Professor

Sir Simon Charles Wessely
MA BM BCh MSc MD FRCP FRCPsych F Med Sci FKC

Curriculum Vitae
June 2014

# EDUCATION

## GENERAL EDUCATION

1968‑74 King Edward VII School, Sheffield

1974‑75 AFS Scholar, Lamar Senior High School, Houston, Texas

## UNIVERSITY EDUCATION

1975‑78 Trinity Hall, Cambridge

 Part 1a & b Medical Sciences

 Part II History of Art

 Thesis; "Marc Chagall and the Magic Flute" 1 st

1978‑81 University College, Oxford

 Oxford University Clinical School

## POSTGRADUATE QUALIFICATIONS

1984 MRCP (UK)

1986 MRCPsych.

1989 M Sc. (Epidemiology), Univ of London.

1993 MD (University of London). Crime and Mental
 Illness: a Population Based Study of the Criminal
 Careers of Incident Cases of Schizophrenia.

1997 FRCP

1999 F Acad Med Sci

2000 FRCPsych

2014 PRCPsych

## HONOURS

##  2012 Fellowship of King’s College London (FKC)

##  2013 Knighted in 2013 New Year’s Honours List

 2014 Honorary Fellow, Royal Society of Medicine

# APPOINTMENTS

## CURRENT APPOINTMENTS

Professor of Psychological Medicine: Institute of Psychiatry, King’s College London (Senior Lecturer 1991-1994; Reader 1994-1996; Professor Epidemiological and Liaison Psychiatry 1996-2009).

Head: Department of Psychological Medicine, Institute of Psychiatry, King’s College London

Vice Dean for Academic Psychiatry Institute of Psychiatry and South London and Maudsley Foundation Trust (2010-

Honorary Consultant Psychiatrist: South London and Maudsley and King’s College NHS Trusts.

Director: Gulf War Illness Research Unit, GKT School of Medicine/IOP, 1996- current: Now King’s Centre for Military Health Research (KCMHR)

Consultant Advisor in Psychiatry: British Army 2001- current

President Elect Royal College of Psychiatrists

 2014-17

# MAIN AREAS OF ACTIVITY/ACHIEVEMENTS

## EXPERIENCE IN RESEARCH:

I have published over 700 papers (H index 70) and obtained over £25,000,000 in grants.

My principal areas of interest have been:

* The nature and treatment of unexplained symptoms/syndromes
* Clinical epidemiology
* Military health.

My achievements include

* I founded the Chronic Fatigue Syndrome (CFS) Research Unit at King’s College Hospital in 1994 which became the South London and Maudsley (SLAM) CFS Clinical Service in 1999
* In 2003 I started the first UK Clinical Trials Unit specializing in mental health at SLAM/Institute of Psychiatry (IOP).
* In 1996 I set up the Gulf War Illness Research Unit, which was launched in 2003 as the King’s Centre for Military Health Research (KCMHR). KCMHR has now become established as trusted brand and independent source of information and expertise on military health used by the Armed Forces, military charities, politicians and media. We are regularly visited by Ministers and senior members of the Armed Forces at 2,3 and 4 star level, In 2011 I gave two hours of sole evidence to House of Commons Defence Select Committee (HCDC), apparently unique . We have been cited in Hansard over 100 times.
* I direct the Academic Centre for Defence Mental Health.
* I was elected to the Academy of Medical Sciences in 1999 and was elected to Council in 2009. The Academy is the medical science equivalent of the Royal Society for basic science.
* I was appointed a Foundation Senior Investigator, National Institute of Health Research in 2008, and was one of the few to be re appointed to that position in 2013. These are highly competitive appointments, given to those seen as national leaders in clinical research
* I have served on numerous grant-giving bodies, including MRC, Wellcome, Mental Health Foundation, GSTT Special Trustees and others. I also served for 5 years on the King’s College Hospital Ethics Committee.
* In 2009 I was shortlisted for the Royal College of Psychiatrist’s award of Academic Psychiatrist of the Year, and was King’s Media Personality of the year 2010
* In Dec 2009 I was appointed Vice Dean for Academic Psychiatry at the Institute of Psychiatry and the South London and Maudsley Trust
* I have and continue to serve on numerous governmental committees for DH, Cabinet Office and MOD in areas related to defence health, disaster and consequence management. I have been the Civ Consultant Advisor in psychiatry for the Army for 12 years and have made several visits to Iraq and Afghanistan in that role.
* In 2011 I joined the WHO committee working group on ICD-10 stress related disorders
* In 2012 I was awarded the first John Maddox Award for Standing up for Science.
* In 2013 I joined the Health Honours Committee
* In 2013 I led the successful bid by KCL, UEA, Newcastle University and Public Health England to the National Institute of Health Research to establish a Health Protection Research Unit (HPRU) for Emergency Preparedness and Response which I now Chair.
* In 2014 I was elected President of the Royal College of Psychiatrists

A particular feature of my research has been its interdisciplinary character. I am above all a clinical academic whose work reflects my formal training in clinical epidemiology, but I have always fostered collaborations with other disciplines. Thus my body of work on unexplained symptoms and syndromes has involved collaborations with nearly all the medical specialties. Working on the nature of chronic fatigue syndrome and Gulf War Illness has led to joint grants and papers with colleagues in neurosciences, endocrinology, genetics and immunology.

I have also worked closely with the humanities, in particular, I have been awarded grants with and published papers with colleagues in anthropology, history and sociology. I have had Ph D studentships and training Fellowships in which my co supervisors have been historians, medical sociologists and political scientists. KCMHR has since its inception been a collaboration between the IOP and the Department of War Studies. I have also played a part in the 2014-2018 commemoration activities around the 100th anniversary of the First World War

Over my career my research has had numerous translational impacts, for example:

* My work has significantly influenced the management of chronic fatigue syndrome, reflected in the 2007 NICE Guidelines and has directly influenced the setting up of a clinical specialist network of services across England and the devolved administrations.
* My work in military health led to a reassessment of how we view “*Gulf War Syndrome*”. It has also led to changes in policy regarding the treatment of UK Reservists on return from deployment, rules on the number and length of operational deployments, the replacement of the ineffective single session psychological debriefing with a new system of peer support, changes in policies on Forces Health Protection including vaccinations, new policies on substance misuse, and the development of new pilot sites for treating ex service personnel within the NHS. We also demonstrated the ineffectiveness of mental health screening for the prevention of PTSD, which has enabled resources to be directed instead to improving community mental health services for the Armed Forces.
* My work on how normal people and populations react to adversity, based on studies of psychological debriefing, historical analyses of populations under adversity, and rapidly conducted population research after the 2005 London bombs, the Litvinenko Affair, show populations react to the threat of chemical/biological warfare and now swine flu has had a significant impact on policy and influenced government risk communication. Overall this programme of research suggests that in the aftermath of severe trauma/terrorism/disaster it is better to target resources on the small numbers of those with direct exposure and for whom successful treatments exist, and not provide ineffective mental health interventions to large numbers of people without direct exposure, as happens in other countries.

## EXPERIENCE IN EDUCATION AND TEACHING

I have a particular interest in education and training and have experience delivering training across a wide range of clinical and non-clinical environments and to medical, nursing, occupational health, psychology, general practice and others.

### Engagement with schools

I am an active member of “Debating Matters”, a Wellcome funded initiative to improve scientific literacy in UK schools. I take part in the London rounds, and judged the national finals. I have been invited to judge the finals of the equivalent programme in India in 2010. I also lecture to local schools and take part in the Access to Medicine programme.

### Engagement with undergraduate students

Between 2002 and 2008 I was one of the team of GMC Visitors for new medical school, University of East Anglia. This is a statutory role for all new medical schools to monitor standards, curriculum and examinations from the first year of undergraduate admission to the end of the Foundation Years. I have extensive experience in undergraduate education (see below).

Since 2010 I have been Vice Dean for Academic Psychiatry, with an overall strategic responsibility for undergraduate and postgraduate medical education. Much of my work has been in “enhancement” activities for medical students to tackle the recruitment crisis in clinical psychiatry. Since 2010 we have established a very successful Undergraduate Summer School, now being replicated in numerous other medical students following our model, a central and extended Special Study Component in Psychiatry Research taking 60 students annually, started a student psychotherapy scheme, and reformed our student feedback system.

### Engagement with clinical teaching

I have been active in developing teaching and training materials relevant to the management of unexplained symptoms/CFS for many years. Myself and colleagues have developed a series of training manuals for the management of various unexplained symptoms/syndromes, most of which have been published and are available electronically. We have also demonstrated their effectiveness in various RCTs (see www.kcl.ac.uk/cfs). I frequently give workshops on the management of CFS and associated syndromes in numerous venues in UK and internationally, such as the BMJ Master classes around the UK.

### Engagement with specialty training and education

### *Clinical Trials/Epidemiology:*

I regularly teach on critical appraisal/evidence based medicine. I was a founder member of the Cochrane Collaboration Depression Anxiety and Neurosis Group, and still serve as an editor. In 2004, I co developed a new Course Module in Clinical Trials for the MSc at IOP. I teach on the "Epidemiology in Context" at London School of Hygiene, and gave a keynote address at the 25th Anniversary of the MSc Course in Epidemiology.

*Military Health:*

In 2004 I established the Academic Centre for Defence Mental Health, to develop a research capability for mental health within the Defence Medical Services. The Centre offers training in research across the new Community Mental Health Teams, and host personnel on secondments to obtain higher degrees at IOP/KCL

### Engagement with Masters Programmes

In 2005 I was instrumental in launching a new MSc in War and Psychiatry, a joint MSc of the Institute of Psychiatry and Department of War Studies, KCL. I am course Chairman and teach regularly on the course

### Engagement with Postgraduate programmes and students

 As Vice Dean for Academic Psychiatry I take a strategic role in our postgraduate training scheme, the largest in the world. I led on our 5 year strategic document (www,maudsleytraining.com), making a series of new investments and appointments. Since 2010 we have the only full time Director of Medical Education in the country, have revitalised areas such as induction, educational supervision, appointments and streams, reflected in 2011 with the first improvement in our GMC feedback since the system started.

I have a strong interest in academic career development. We now have the highest number of academic trainees in the country, and I take part in all ACF and ACLs interviews and ARCPs, and was instrumental in establishing our Integrated Academic Training Programme.

 I currently run a support group for four of our current ACFs, meeting monthly. I take part in the KCL Women’s Academic Initiative and the Academic Mentoring Scheme of the Academy of Medical Sciences. I was on the organizing committee of, and took an active part in our first Summer School for academic psychiatric trainees, funded by NIHR (2009) and set up the over subscribed first “Academic Evening” for SLAM trainees (2009). All of these are now established part of our activities – we have just finished our fourth such summer school, with superb feedback, and as ever I continue to host students at our house during the programme.

All my academic trainees have continued with their academic careers. Excluding the four current lecturer/training fellows (HEFC, NIH, MOD and Wellcome funded), my previous lecturers/training fellows are now 6 Professors, 3 Sen Lecturers and 2 Associate Professors.

## MD/Ph D SUPERVISION

### *Previous Students*

Dr J Neeleman (1998) Ph D Summa cum laude

Dr A Deale (1998) Ph D (joint)

Dr T Chalder (1998) Ph D (joint)

Dr Tok Nimnuan (1999) Ph D

Dr Mike Crawford (1999) MD

Dr M Hotopf (1999) Ph D

Dr S Reid (2003) Ph D.

Dr J Moncrieff (2004) MD

Dr K Ismail (2005) Ph D.

Dr Hyong Jin Cho (2006) Ph D

Dr Neil Greenberg 2008 MD

Dr Talya Smith 2009 Ph D

Dr Dominic Murphy 2010 Ph D

Dr Lisa Page 2011 Ph D.

Dr Amy Iversen 2012 Ph D

Dr Deirdre MacManus 2013 Ph D

### *Current Students*

Dr Rich Withnall. (MD: Stress related disorders and group cohesion in combat support helicopter crews in Afghanistan)

Mr Stefan Schilling. (PH D: International Policy Differences regarding PTSD in serving and ex serving military populations)

## EXPERIENCE IN DELIVERING CLINICAL SERVICES:

I am a consultation-liaison psychiatrist with an Honorary Contract to King’s College Hospital.

My principal clinical role in SLAM is with the CFS service, where I am Consultant Psychiatrist. The service that I established in 1999 was the first NHS only service for CFS patients in the UK and has led to a National model - the Service Investment Programme- launched in 2004, covering 65% of service provision in England and Wales. I was instrumental in developing and then showing in a series of RCTs a new treatment for CFS, now acknowledged as the first line of treatment for CFS in the 2007 Nice Guidelines. We have shown that the results of our routine clinical management now approach those obtained in our RCTs. Since 2001 we see approximately 250 new patients annually, and during the same time period have received 3 complaints.

As Consultant Advisor to the Army I have been involved in assessing and auditing military mental health services, visiting mental health teams in the UK, Germany, Bosnia, Kosovo, Iraq and Afghanistan.

## EXPERIENCE IN INTERNATIONAL WORK

I organized the first ever-joint NATO/Russia Advanced Research Workshop in March 2002, which was set in the aftermath of 9/11, and considered the social and psychological consequences of terrorism. Following that I chaired for five years the NATO Advisory Committee on Social and Psychological Consequences of Terrorism, making several visits to Russia to promote related activities. I have been asked to offer advice/consult with many different governments and/or governmental agencies on various areas relevant to military health, including Australia, Canada, Croatia, Denmark, France, Norway, USA and others.

 I have served on the European Science Foundation (ESF), served as an external reviewer of the NIH Portfolio of research into CFS (1999), was a visiting Chair in Auckland, New Zealand (2002), have served on several Veteran’s Administration Committees, undertake the external review of the Australian Centre for Veteran’s Health (2005/6), advised on setting up versions of KCMHR in Denmark and Norway, served on the organizing committee of the European Festival of Science (ESOF), been a co investigator and/or external advisor on three large US grants into military health, and advising on several more.

## EXPERIENCE IN ADMINISTRATION

I am Head of the Department of Psychological Medicine at the IOP, KCL, with all that entails. I am the academic lead of the Psychological Medicine Clinical Academic Group (CAG) within King’s Health Partners (KHP), our Academic Health Sciences Centre. The CAG includes 400 staff, including 40 NHS consultants. As Vice Dean (IOP) I sit the key management committees, and am a member of the Dean’s core senior management team.

In addition I serve on the Academic Promotions Committees for IOP and KCL, the Research Strategy and Monitoring Group, I chaired the Health and Safety Committee, and was for six years chair of the Institute Board, and also a member of KCL Council for a further six years. I was elected to both these last positions by the IOP academic staff . Between 2008 and 2013 I was a member of the Advisory Committee on Clinical Excellence Awards (ACCEA) Panel for South London, reviewing 315 applications last year, and the NIHR ACCEA Panel.

## EXPERIENCE IN WORKING WITH UK GOVERNMENT

I am or have been a member of the following committees

2006- 2008 Scientific Advisory Panel on Emergency Response (Chair, Sir David King)

2008 – 2014 Defence Scientific Advisory Committee (DSAC) (Chair Sir Peter Knight),

2006 – 2009 Health and Society Advisory Group,

Health Protection Agency (Chair Sir Ken Calman) and Emergency Response Group

2008- Mental Health and Employment High Level Steering Group (Chair Dame Carol Black).

2009- Scientific Advisory Group (SAGE): Cabinet Office, restricted

2009- Advisory Committee on Military Medicine (MOD)

2013 Behavioural Science Expert Group , Cabinet Office, restricted

2013 - Member, Health Honours Committee (Cabinet Office)

2014 Member, Care.Data Independent Advisory Group. DH.

I also advise the War Pensions Agency, Department of Health, Department of Work and Pensions, Ministry of Defence, Home Office and Cabinet Office on an ad hoc basis on matters relating to health of the Armed Forces, public resilience, risk communication, psychological responses to terrorism and other issues.

I am familiar with giving scientific advice to government, working closely with relevant ministers, most particular those concerned with military personnel and veterans. I regularly brief parliamentary committees for the Commons and Lords, including Defence, Health and Science. I have twice given evidence at full three hour session of the House of Commons Defence Select Committee (HCDC) hearings into the Military Covenant and also Military Casualties.

## EXPERIENCE IN FUND RAISING/ALUMNI ACTIVITIES

I am active in alumni affairs for KCL. I take part in all our alumni weekends, delivering state of the art lecturers, chairing or participating in panels/Question Time/debates etc. I also work closely with our fund raisers on specific projects, and recently accompanied the Principal to a series of alumni events in Harvard/New York and Washington. In my role as a trustee of Combat Stress I also am active in fund raising and donor activities, including delivering the Armistice Lecture, speaking at supporters dinners and other fund raising affairs (including a recent presentation at “Downton Abbey” for visiting US supporters, and working with possible future donors).

## EXPERIENCE IN PUBLIC ENGAGEMENT AND UNDERSTANDING OF SCIENCE

Throughout my career I have been active in public engagement activities to improve public understanding, and hence support for, medicine, psychiatry and research. I wrote over 50 columns for the Times on science/medicine, have continued to contribute columns and pieces to the Guardian, Independent, Observer and others, main and continue to appear frequently in various media outlets. I am a founder member of the Science and Media Centre, which brings together scientists and journalists, and a Trustee of Sense About Science. I was King’s Media Personality of the Year for 2010 and in 2012 was awarded the first John Maddox Prize for “Standing up for Science”. In the last 12 months alone I have appeared on All in the Mind, Battle of Ideas, BFBS. Broadcasting House, C4, CBS, Cheltenham Science, Debating Matters, Hay Literary Festival, How The Light Gets In, ITN, NBC, Nightwaves, NYT, One Show, Pint of Science, PM. Royal Institution Discourses, Sky, Science Museum (Lates), Skoll World Forum, Start the Week, Today (x4) and other radio and TV programmes.

Much of my work is also very interdisciplinary. For example, as part of the commemoration activities around the anniversary of the First World War, I have already taken part in a counter factual conference at Windsor Castle organised by historians, spoken at two RUSI conferences organised by military academics and senior service personnel, spoken twice at Hay on WW 1 topics, advised the Royal Opera House on commissioning, talked at a conference on WW 1 and music, will be giving a series of public lectures on the legacy of shell shock, and taking part in the Sept 2014 Staff College “Staff Ride” with senior military figures and historians.

# PREVIOUS APPOINTMENTS:

1981‑1982 House Surgeon, Northampton and House Physician, Oxford.

1982‑1984 SHO in General Medicine, Freeman Hospital, Newcastle‑upon‑Tyne.

1984‑1987 SHO/Registrar in Psychiatry, Bethlem Royal & Maudsley Hospitals.

1987‑1988 Senior Registrar Rotation, Bethlem Royal & Maudsley Hospitals, National Hospital for Neurology.

1988-1991 Wellcome Research Training Fellowship in Epidemiology. London School of Hygiene and Tropical Medicine & Dept. of Forensic Psychiatry, Institute of Psychiatry

1990-1991 Honorary Lecturer in Forensic Psychiatry, Institute of Psychiatry.

1991–2006 Director, Chronic Fatigue Syndrome Research Unit, GKT School of Medicine/IOP and Chronic Fatigue Syndrome Service, South London & Maudsley Trust.

2001–2008 Director, Clinical Trials Unit, South London and Maudsley Trust and Institute of Psychiatry

# PUBLICATIONS

1. Deary I, Wessely S, Farrell M. Dementia and Mrs. Thatcher. Br Med J 1985:291: 1768.
2. Wessely S. Mass Hysteria: Two Syndromes? Psychol Medicine 1987; 17: 109‑120.
3. David A, Wessely S, Pelosi A. Post‑Viral Fatigue: Time for a New Approach. Br Med J 1988; 296: 696-699.
4. Nimgaonkar V, Wessely S, Murray,R. Prevalence of Perinatal Trauma, Familiality and Structural Brain Damage in Schizophrenic Patients. Br J Psychiatry 1988; 153; 191-197.
5. Nimgaonkar V, Wessely S, Tune L, Murray R. Response to Drugs in Schizophrenia. A Prospective Study of the Influence of Family History, Perinatal Trauma and Brain Ventricular Enlargement. Psychol Medicine 1988; 18; 583-592.
6. Fahy T, Wessely S, David A. Cannibals, Vampires and Werewolves. Med Sci Law 1988; 28; 145-149.
7. Appleby L, Wessely S. The Influence of the Hungerford Massacre on the Public Opinion of Mental Illness. Medicine, Science & Law 1988; 28; 291 - 295.
8. Wessely S. Myalgic Encephalomyelitis: A Warning. J Roy Soc Med 1989; 82: 215-216.
9. Wessely S, David A, Butler S, Chalder T. The Management of the Chronic Postviral Fatigue Syndrome. J Roy Coll General Practitioners 1989; 39: 26-29.
10. Wessely S, Lewis G. The Classification of Psychiatric Morbidity in a Skin Clinic. Br J Psychiatry 1989; 155: 686-691.
11. Wessely S, Powell R.The nature of fatigue: A comparison of chronic "postviral" fatigue with neuromuscular and affective disorders.J Neurol Neurosrg Psychiatry 1989;52;940-948.
12. Wessely S. Old Wine in New Bottles:Neurasthenia and ME. Psychol Med 1990; 20;35-53.
13. Feinstein T, Wessely S, Ron M. Disappearing brain lesions, psychosis and epilepsy. J Neurology, Neurosurgery & Psychiatry 1990; 53; 244-246.
14. Lewis G, Wessely S. A Comparison of the General Health Questionnaire and the Hospital Anxiety and Depression Scale. Br J Psychiatry 1990; 157; 860-864.
15. Powell R, Dolan R, Wessely S. Attributions and self esteem in depression and the chronic fatigue syndrome. J Psychosomatic Res 1990; 34: 665-673.
16. Wessely S, Nickson J, Cox B. Symptoms of low blood pressure: a population study. Br Med J 1990; 301; 362-365.
17. Sharpe M, Archard L, Banatavala J et al. Chronic Fatigue Syndrome: guidelines for research. J Royal Soc Med 1991; 84; 118-121.
18. Butler S, Chalder T, Ron M, Wessely S. Cognitive Behaviour Therapy in the Chronic Fatigue Syndrome. J Neurol Neurosurg Psychiatry 1991; 54; 153-158.
19. Wessely S, Taylor P. Madness and crime; criminology or psychiatry?. Criminal Behaviour & Mental Health 1991; 1; 193-228.
20. Garety P, Helmsley D, Wessely S. Cognitive processes in schizophrenic and paranoid patients. J Nervous Mental Diseases 1991; 179: 194-201.
21. Wessely S.The History of Postviral Fatigue Syndrome.Br Med Bulletin 1991;47;919-941.
22. Castle D, Wessely S, Der G, Murray R. The incidence of schizophrenia in Camberwell; 1964-1984. Br J Psychiatry 1991; 159;790-794.
23. Wessely S, Castle D, Der G, Murray R. Schizophrenia and Afro-Caribbeans: A Case Control Study. Br J Psychiatry 1991; 159;795-801.
24. Wessely S, Castle D. How valid are psychiatric case notes for assessing criminal convictions? J Forensic Psychiatry 1991; 3; 359-363.
25. Lewis G, Wessely S. The Epidemiology of Fatigue: More Questions than Answers. J Epidem Comm Health 1992; 46; 92-97.
26. Farmer A, Wessely S, Castle D, McGuffin P. Methodological Problems in the Assessment of Psychosis. Br J Psychiatry 1992; 161; 824-830.
27. Price R, North C, Fraser V, Wessely S. The prevalence estimates of CFS and associated symptoms in the Community. Public Health Rep 1992; 107;514-522.
28. Wessely S. Chronic fatigue syndrome:current issues. Rev Med Microbiol 1992;3; 211-216.
29. Blumenthal S, Wessely S. National survey of current arrangements for diversion from custody in England and Wales. Br Med J 1992; 305;1322-1325.
30. Castle D, Wessely S, Murray R. Sex and schizophrenia: effects of diagnostic stringency and associations with premorbid variables. Br J Psychiatry 1993;162:658-664.
31. Wessely S, Buchanan A, Reed A, Everitt B, Garety P, Taylor P. Acting on delusions I:prevalence of delusional behaviour. Br J Psychiatry 1993; 163: 69-76.
32. Buchanan A, Reed A, Wessely S, Grubin D, Dunn G, Taylor P. Acting on delusions II:phenomonological correlates of action. Br J Psychiatry 1993;163;77-81.
33. Chalder T, Berelowitz G, Pawlikowska T, Watts L, Wessely S, Wright D, Wallace P. Development of a Fatigue Scale. J Psychosom Res 1993;37;147-153.
34. Blumenthal S, Wessely S. Psychiatry and the Criminal Justice System: The Involvement of General and Forensic Psychiatrists. J Forensic Psychiatry 1993; 4; 569-574.
35. Castle D, Scott K, Wessely S, Murray R. Does social deprivation during gestation and early life predispose to schizophrenia? Soc Psych Psychiatric Epidemiology 1993; 28;1-4.
36. Williams J, Farmer A, Wessely S, Castle D, McGuffin P. Heterogeneity in Schizophrenia: an extended replication of the hebephrenic like ('H') and paranoid like ('P') sub-types. Psychiatry Research 1993: 49:199-210.
37. Howard R, Castle D, Wessely S, Murray R. A comparative study of 470 cases of early-onset and late-onset schizophrenia. Br J Psychiatry 1993;163;352-357.
38. Wilkie A, Wessely S. Patients with medically unexplained symptoms. Br J Hosp Medicine 1994; 51; 421-427.
39. Bearn J, Wessely S. The neurobiology of chronic fatigue syndrome. Eur J Clinical Investigation 1994;24:79-90.
40. Castle D, Phelan M, Wessely S, Murray R. Which patients with non-affective functional psychosis are not admitted at first psychiatric contact? Br J Psych 1994;165,101-106.
41. Castle D, Sham P, Wessely S, Murray R. The subtyping of schizophrenia in men and women: 1: a latent class analysis. Psychol Medicine 1994; 24;41-51.
42. Saisch S, Deale A, Gardner W, Wessely S. Hyperventilation and chronic fatigue syndrome. Quarterly J Medicine 1994: 87:63-67.
43. Bonner D, Butler S, Chalder T, Ron M, Wessely S. A follow up study of chronic fatigue syndrome. J Neurol, Neurosurg & Psychiatry 1994;57: 617-621.
44. Wessely S, Castle D, Douglas A, Taylor P. The criminal careers of incident cases of schizophrenia. Psychological Medicine 1994;24: 483-502.
45. Blumenthal S, Wessely S. The pattern of delay in mental health review tribunals. Psychiatric Bulletin 1994;18: 398-400.
46. Blumenthal S, Wessely S. The cost of mental health review tribunals. Psych Bulletin 1994;18: 274-276.
47. MacLean G, Wessely S. Professional and popular representations of chronic fatigue syndrome. Br Med J 1994;308; 776-777.
48. Wessely S. Neurasthenia and chronic fatigue syndrome: theory and practice. Transcultural Psychiatric Review 1994;31:173-209.
49. Pawlikowska T, Chalder T, Hirsch S, Wallace P, Wright D, Wessely S. A population based study of fatigue and psychological distress. Br Med J 1994;308: 743-746.
50. Hotopf M, Wessely S. Viruses, neurosis and fatigue. J Psychosom Res 1994; 38;499-514.
51. Hotopf M, Wessely S, Noah N. Are ethical committees reliable? J Royal Soc Med 1995;88:31-33.
52. David A, Wessely S. The Legend of Camelford: The Aftermath of a Mass Pollution Incident. J Psychosomatic Res 1995;39:1-9.
53. Bearn J, Allain T, Coskaran P, Miell J, Butler J, McGregor A, Wessely S. Neuroendocrine responses to D-fenfluramine and insulin induced hypoglycaemia in chronic fatigue syndrome. Biological Psychiatry 1995;37:245-252.
54. Fuhrer R, Wessely S. Fatigue in French Primary Care. Psychol Medicine 1995;25:895-905
55. Howard L, Wessely S. Psychiatry in the allergy clinic: The management of patients with non allergic symptoms. Clinical & Experimental Allergy 1995;25:503-514.
56. Wessely S. Chronic fatigue syndrome; I. Epidemiology and Aetiology. J Psychiatry Primary Care 1995;1:21-30.
57. Wessely S. Chronic fatigue syndrome; II. Treatment and Outcome. J Psychiatry Primary Care 1995; 1;87-98
58. Wessely S. The epidemiology of chronic fatigue syndrome. Epidemiologic Reviews 1995; 17:139-151.
59. Cleare A, Bearn J, Allain T, Wessely S, McGregor A, O'Keane V. Contrasting neuroendocrine responses in depression and chronic fatigue syndrome. J Affective Disorder 1995;35:283-289.
60. Wessely S, Chalder T, Hirsch S, Pawlikowska T, Wallace P, Wright D. Postinfectious fatigue: prospective cohort study in primary care. Lancet 1995:345;1333-1338.
61. Van Os J, Takei N, Castle D, Wessely S, Der G, Murray R. The incidence of mania: time trends in relation to gender and ethnicity. Social Psychiatry Psychiatric Epidemiology 1996;31:129-136.
62. Van Os J, Takei N, Castle D, Wessely S, Der G, Murray R. Premorbid abnormalities in mania, schizomania, acute schizophrenia and chronic schizophrenia. Social Psychiatry & Psychiatric Epidemiology 1996;30:274-278.
63. Sham P, Castle D, Wessely S, Farmer A, Murray R. Further Exploration of a Latent Class Typology of Schizophrenia. Schizophrenia Research 1996;20:105-115
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68. Wessely S, Chalder T, Hirsch S, Wallace P, Wright D. Psychological symptoms, somatic symptoms and psychiatric disorder in chronic fatigue and chronic fatigue syndrome-a prospective study in primary care. Am J Psychiatry 1996;153:1050-1059
69. Chalder T, Butler S, Wessely S. Inpatient Management of the Chronic Postviral Fatigue Syndrome. Behavioural Psychotherapy 1996: 24:351-365.
70. Wessely S, Brugha T, Cowen P, Smith L, Paykel E. Do authors know who refereed their paper? Br Med J 1996: 313:1185
71. Wessely S. The rise of counselling and the return of alienism. Br Med J 1996;313:158-160
72. Howard L, Wessely S. Reappraising reassurance-the role of investigations. J Psychosom Res, 1996;41:307-311
73. Saisch S, Wessely S, Gardner W. Acute hyperventilation presenting to an inner city emergency department. Chest 1996; 190: 952-957
74. Castle D, Wessely S, Howard R, Murray R. Schizophrenia with onset at the extremes of adult life. Int J Geriatric Psychiatry 1997; 12:712-717
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64. MacManus D, Wessely S. Trauma, psychopathology and violence in recent combat veterans.In: Trauma, Psychopathology and Violence. (ed Widom) OUP 2012; 267-287
65. Gribble R, Wessely S, Klein S, Alexander D, Dandeker C, Fear N. The UK’s Armed Forces: public support for the troops but not their missions? In: British Social Attitudes : the 29th Report (eds Park A, Clery E, Curtice J, Philips M, Utting D); London, Natcen Social Research 2012, 138-154:
66. Rona R, Wessely S. Screening for mental illness in the armed forces. In: Amara J, Hendricks A (eds).Military Health Care: From pre-deployment to post-separation. Routledge 2013, 78-94
67. Dandeker C, Eversden C, Birtles C, Wessely S. The British Military Family: The experiences of British Army wives before, during and after deployment, their satisfaction with military life and use of support networks. In: M. Andres, G. Bowen, R. Moelker & P. Manigart (eds.) (2013). Military Families on Mission, Comparative Perspectives, Routledge
68. Fear N, Sundin J, Wessely S**.** What is the impact on mental health and wellbeing of military service in general and deployment in particular?  A UK perspective. In;Current Topics in Occupational Epidemiology (ed Venables). OUP, in press
69. Wessely S. The Psychological Impact of Operations in Iraq: What has it Been and What Can We Expect in the Future. In; Bailey J, Irons R, Strachan H (eds). British Generals in Blair’s Wars. Ashgate 2013, 201-216.

# BOOKS

1. Chalder T, Wessely S. (1993) Managing Fatigue: A Self Help Guide.
2. Blumenthal S, Wessely S. The pattern of delays in Mental Health Review Tribunals (Summary). HMSO, London, 1994.
3. Castle D, Van Os J, Wessely S, Murray R. Psychosis in the Inner City. Maudsley Monograph No 41, Blackwells Scientific Publications, Oxford, 1998
4. Wessely S, Hotopf M, Sharpe M. Chronic Fatigue and its Syndromes. Oxford University Press, 1998
5. Everitt B, Wessely S. Clinical Trials in Psychiatry. Oxford University Press, 2003.
6. Jones E, Wessely S. From Shellshock to PTSD: A History of Military Psychiatry. Psychology Press, 2005.
7. Wessely S, Krasnov V (eds) . Psychological Reactions to the New Terrorism: A NATO Russia Dialogue. IOS Press, 2005.

# REPORTS

1. Blumenthal S, Wessely S. (1992). The Diversion from Custody of the Mentally Abnormal Offender: A National Survey. Department of Health.
2. Blumenthal S, Wessely S. (1993). The Operation of Mental Health Review Tribunals. Department of Health.
3. Akhurst M, Brown I, Wessely S. (1995). Dying for Help: Offenders at risk of Suicide. London; Association of Chief Probation Officers
4. Wall S, Buchanan A, Hotopf M, Wessely S, Churchill R (1999). A systematic review of data pertaining to the Mental Health Act (1983). Report to the Department of Health. London, Her Majesty’s Stationery Office, 1999
5. Jones E, Wessely S. The Rise of Veteran Support Groups - 1919 - 1999. Report for Ministry of Defence, 1999.
6. Churchill R, Hunot, V, Corney, R., Knapp, M., Tylee, A. & Wessely, S. Brief psychotherapy for depression. HTA monograph 2002 (in press).
7. Rona RJ, Dodds W, Jones M, Wessely S, Leadbeter D, Snashall D. Report on the current health information systems available in the UK Armed Services and their suitability for a Health Surveillance System (HSS), Nov 2000.
8. Ritchie C, Friedman M, Ruzek J, Schnuur P, Watson P, Wessely S, Orner R. Consensus Guidelines on Mental Health and Mass Violence. National Institutes of Health, 2002
9. Wessely S. Proceedings of a NATO Workshop on the Social and Psychological Consequences of Chemical, Biological and Radiological Terrorism. 2002, NATO, http://www.nato.int/science/e/020325-arw2.htm
10. Dandeker C, Iversen S, Ross J, Wessely S. Improving Cross Departmental Support for Veterans. London, HMSO, 2003. http://www.mod.uk/publications/vets\_svcs/
11. Dandeker C, Thomas S, Dolan M, Chapman F, Ross J. Feasibility study on the extent, causes, impact and costs of rough sleeping and homelessness amongst ex service personnel in a sample of Local Authorities in England. Unpublished Research Report, MOD 2004
12. Rona R, French C, Hooper R, Jones M, Wessely S. Report on the Development and Evaluation of Process of Health Screening for the UK MOD. Unpublished Research Report for MOD, July 2003.
13. Staden L, French C, Iversen A, Dandeker C, Wessely S. Post discharge mentoring for vulnerable service leavers. Unpublished Research Report, MOD 2005.

# SUBMITTED FOR PUBLICATION

1. Batt Rawden S, Khiatani D, Wessely S, Iversen A, fear N. What do UK military personnel know about Post Traumatic Stress Disorder?
2. Cawkill, P., Jones, M., Fear, NT., Jones, N., Fertout, M., Knight, T., Wessely S, Greenberg, N.. The mental health of UK Armed Forces medical staff who have deployed to Iraq or Afghanistan. Journal of Occupational and Environmental Medicine.
3. Gribble, R., Wessely, S., Klein, S., Alexander, DA., Dandeker, C. & Fear, NT. How does the British public define and value veterans? Submitted to Policy & Politics
4. Keeling, M., Dandeker, C., Greenberg, N., Wessely, S., & Fear, N.T. Perceived impact of having a UK military career on romantic relationships
5. Shephard B, Wessely S. Before Shell-shock: W.H.R. Rivers in the 1890s Sub Med History
6. Sundin J, Fear N, Wood P, Wessely S, Rona R. Risk factors for body mass index and waist circumference in the British Armed Forces
7. Syed R, Forbes H, Greenberg N, Fertout M, Jones N, Harrison K, Wessely S, Fear N. Risky driving among UK regular forces: changes over time.
8. Withnall, R; Fear, N; Murphy, D; Wood, D; Hull, L; Bruce, D; Wessely, S. Do RAF Helicopter Aircrew experience Operational Stress? A questionnaire-based study

## ACADEMIC REFEREEING

Alcohol & Alcoholism

American J Public Health

Anthropology & Medicine

Archives Gen Psych

Aus NZ J Psych

Biological Psychiatry

Biologist

Bioterrorism and Biosecurity

Brain, Br J Clinical Psychology,

Br J General Practise,

Br J Homeopathy

Br J Psychiatry

Br H Health Psychology

Br Medical J, Br J Rheumatology

Canadian Medical Association Journal

Criminal Behaviour & Mental Health

Culture, Med & Psych.

Department of Health

European J Epidemiology

Family Practice

Hong Kong Medical Research Council,

Int J Psychiatry & Medicine

Int J Social Psychiatry

Irish J Psych Med

JAMA

J Affective Disorders

J Epid Comm Health

 J Family Practice

 J Forensic Psychiatry

J Mental Health

J Neurol Neurosurg & Psychiatry

J Psychiatric Research

J Psychosomatic Res

J Royal Soc Medicine

Lancet

Leverhulme Trust

Lottery Board

Medical Research Council

Medicine & Anthropology

Mental Health Foundation

New England J Medicine

New Zealand Research Board

North West Thames LORS

Occup Environ Medicine

Person Indiv Diff

Psychiatry Research

Psychological Medicine

Psychosomatics

Psychosomatic Medicine

Psychotherapy & Psychosomatics

Public Health Medicine

Quart J Med

Revue D’ Epidemiologie et de Santé Publique

Scottish Office

Social Psychiatry

Social Science & Medicine

South East Thames LORS

South Western Regional Health Authority

Transcultural Psychiatric Review

Vaccine

War & Society

Wellcome Trust

Welsh Office

## EDITORIAL BOARD

Criminal Behaviour and Mental Health
(1993-1996)

Int J Psychiatry & Medicine (1995-)

Journal of Psychosomatic Research (1994-)

Int J Methods Psych Res (1997-)

Brasilian Journal of Psychiatry (1998-)

Psychological Medicine (2001-)

European Psychiatry (2005-)

Lancet Psychiatry (2014-

## ASSOCIATE EDITOR

Psychological Medicine (1994 - 2001)

## DEPUTY EDITOR

Journal of Psychiatry (2007-2014)

## COMMENTATOR

Evidence Based Medicine

Evidence Based Mental Health

ACPP Journal Club

## DISTINGUISHED LECTURES & PRIZES

Denis Hill Prize, Bethlem and Maudsley Hospitals, 1989

“Microbes, ME and the Media”. 9th Eliot Slater Lecture. Institute of Psychiatry, May 12th 1994.

Jean Hunter Prize, Royal College of Physicians, 1997.

“Fear and Loathing in the Gulf”. Inaugural Lecture, King’s College, 30th Nov 1998/Keynote Address, Royal Australian NZ College of Psychiatrists, Perth, April 10th 1999.

Sir Nigel Mills Memorial Lecture , RAF, Dec 2003

Basil Liddell Hart lecturer, 2004. King’s College London

Paul Hoch Medal, American Association for Psychopathology, 2004

Heberden Medal and Oration, British Society for Rheumatology, 2008

Society of Apothecaries Gold Medal and Audrey Few Lecture, 2008

Shorvon Lecturer, National Hospital For Neurology, 2009

Charles Barnard Lecturer “Two Wars but Only One Syndrome”, Barbers Company, 2009

Charles Thrackrah Lecturer, Leeds University, 2009

King’s Media Personality of the Year , 2010

Royal Institution Friday Discourse, Feb 25th 2011

American Psychosomatic Society, Plenary April 2012

Dutch Psychiatric Association, keynote, 2012

Fellow of King’s College (FKC), 2012

Annual Stephen Frankel Population Health Science Lecture, Bristol, Nov 2012

Awarded first Sir John Maddox Prize for “Standing Up for Science”, 2012.

Keogh lecturer, “The Unbelievable Truth” Royal Army Medical College, 2013

Distinguished Public Lecture, “On Taking a History: Truth Lies and the Irving Trial” Royal College of Psychiatrists, 2013.

Sir William Withering Lecture, Birmingham, May 2013

Keynote, “What the military can learn from us, and we from them”. Annual Conference RCPsych, Edinburgh, 2013

Regular speaker at conferences, seminars, postgraduate centres, academic departments etc.

## BOOK REVIEWS

Brain

Br J Health Psychology

Br J Psychiatry

Br Med J

Criminal Behaviour & Mental Health

Guardian, History of Psychiatry

Int J Methods Psychiatry

Int J Geriatric Psychiatry

J Forensic Psychiatry

J Psychosomatic Research

 J Alt Comp Med

J Contemporary History

J Neurol Neurosurg Psychiatry

J Royal Society of Medicine

Lancet

Observer

Psychological Medicine

Psychosomatic Medicine

Times

Times Higher Ed

TLS

## JOURNALISM

80+ articles for The Times, The Independent, The Observer, BMJ, Lancet, New Statesman, Times Higher, Research Fortnight, Spectator and The Guardian. Regular appearances at science , art and literary festivals

GRANT GIVING BODIES

### MEDICAL RESEARCH COUNCIL

Gulf War Illness Liaison Committee (1997-1999)

Medical Advisory Board (1997-1998)

Neurosciences Panel (1998-2002)

MESG Committee (Monitoring and Evaluating the Research Funding Schemes: the “Cleaver” Committee) (1998-

Research Ethics and Personal Information Committee (1999-2000)

Health of the Public Panel (1999-2001)

Health Services and Public Health Research Board (2001-2002)

### WELLCOME TRUST

HSR and Clinical Epidemiology Grants and Advisory Committee (1996-2001)

Expert Review Group, Cognitive Neurosciences and Mental Health (2011-

### OTHER GRANT GIVING BODIES

Research Committee, Mental Health Foundation (1991-1998).

Committee on the Mentally Abnormal Offender, Mental Health Foundation (1991-95)

Projects Committee, Special Trustees of Guy’s and St Thomas’ Hospitals (1999-2001)

Projects Committee: Guys and St Thomas’ Charitable Foundation (2001-.2004)

Regional Scientific Advisory Panel, South Thames Regional R & D Directorate (1998)

Scientific Advisory Panel, London Region R & D Directorate (1999- 2005)

NIHR Post Doctoral Panel (2011-2013)

NIHR Career Developmental Fellowships (2011-

## MEDICAL SCHOOL & UNIVERSITY:

### KING’S COLLEGE LONDON

Elected Member, King’s College Council (2000-2004)

Health Schools Research Committee, KCL (2003-)

Member, Risk Management Group, KCL. (2003-2005)

Member, KCL Academic Promotions Committee (2008-)

### KING’S COLLEGE LONDON SCHOOL OF MEDICINE (formerly GUY’S, KING’S & ST THOMAS’)

Recognised Teacher in Psychological Medicine, Faculty of Medicine, King's College Hospital Medical School (1992-.

Medical Student Selection Committee, Curriculum Review Committee, KCSMD (1992 -1997)

Medical School Admissions Panel (1992-1999)

Member of Subject Panel in Psychiatry, University of London (1992-97)

Head of Community Division (Psychiatry, Public Health, General Practice), KCSMD (1997-1998)

Senior Examiner in Psychiatry (1994-1999)

RAE Response Group (1999-2004)

Deputy Chairman, Division of Psychiatry (2001-2004)

Management Executive, GKT School of Medicine (2001-2003)

Management Board, KCL School of Medicine (2010-

### INSTITUTE OF PSYCHIATRY

Deputy Chairman, Academic Board (1998-2002)

Chairman, Academic Board (2002-2008)

Research Committee, RAE Response Group, AAPSC (1998-

Deputy Chairman, Division of Psychiatry (2001-2009)

Chair, Health & Safety Committee (2006-2009)

RAE response group/Research Strategy and Monitoring Group

Academic Promotions Committee (2006-

### INSTITUTE OF PSYCHIATRY (CURRENT)

Head, Department of Psychological Medicine

Dean’s Advisory Group

Executive Management Board

Academic Promotion Committee

Postgraduate Education Board

### SOUTH LONDON AND MAUDSLEY NHS FOUNDATION TRUST

Lead Clinician, Liaison Psychiatry (1991-)

Previously Member of Operational Policy Group, District Medical Advisory Committee, Suicide Prevention Group

National Consultants Committee

Joint Appointments Committee (1996-2001)

Director, Clinical Trials Unit (2002 -2008)

R & D Committee (2002-2005)

Leader (Job share) and Academic Lead , Psychological Medicine Clinical & Academic Group (CAG) 2011-

### KING’S COLLEGE HOSPITAL

Member of Ethics Committee; King's College Hospital (1992-1998)

Member of Audit Committee, Research and Development Board, Acute Services Planning Group

## MILITARY/NATO

Consultant Advisor in Psychiatry, British Army Medical Services, 2001-

Organiser, First Joint NATO/Russia Advanced Research Workshop, Social and Psychological Consequences of Chemical, Biological or Radiological Terrorism, NATO HQ, March 2002-12-16

Chairman, NATO Advisory Committee on Social and Psychological Consequences of Terrorism (2002-)

## UK GOVERNMENT

Member: Hospital Security, Emergency and Crowd Management Committee (DH, Home Office, HPA, Met, ODPM) 2004-

Member: Expert Advisory Group for the Emergency Response Division, Health Protection Agency, 2004-

Member, UK CRC Connecting For Health Advisory Group, 2006-

Member, Scientific Advisory Panel on Emergency Response (SAPER) , Chair Sir David King, (2006- 2010)

Member: Health Protection and Society Advisory Board, Health Protection Agency

Member, Defence Scientific Advisory Council (2008-

Member, Mental Health and Employment Strategy Group (Chair Dame Carol Black).

Member, Advisory Committee on Distinction Awards (ACCEA) London South Committee (2009-

Member, Health Honours Committee (Cabinet Office) 2013-

## NATIONAL INSTITUTE OF HEALTH RESEARCH

Foundation Senior Investigator (2008-). Member of the first 100 appointees to the College of Senior Investigators across the NHS. Re appointed 2013.

Member, NIHR Post Doctoral Fellowships Panel (2011-2014)

Member NIHR ACCEA Nominating Panel (2011-

## OTHER POSTS

### ROYAL COLLEGE OF PSYCHIATRISTS

Member of Speciality Working Group (Mental Health), Royal College of Psychiatrists and the NHS Centre for Coding and Classification (1992-94).

Executive of the Liaison Psychiatry Group, Royal College of Psychiatrists. (1994-1997)

Organiser of the Biannual Joint Meeting of the Royal College of Psychiatrists and the Society for Psychosomatic Research:

Member, Clinical Practice Guidelines Group (1995-97)

Royal College of Psychiatrist; Regional Advisors Committee (2002-), Improving Recruitment Committee (2011 -); Academic Faculty Committee (2011

Deputy Editor, British Journal of Psychiatry (2007-2013)

### CONFERENCE OF ROYAL COLLEGES

Secretary, Royal College of Physicians, Royal College of Psychiatrists, Royal College of General Practitioners Joint Working Party on Chronic Fatigue Syndrome (1995-1996).

### ACADEMY OF MEDICAL SCIENCES

Member, Working Parties on Alternative Medicine: Data Protection and

Confidentiality (author: “Personal data for public good: using health information in medical research”; Academy, 2006).

Member of Council (2008-2012)

Member, Strengthening Academy Psychiatry working group (chair Sir David Carter). 2012

### REGION

Member: Health of the Nation Review Group : S E Thames R H A (1993-1994)

Member: Regional Manpower Services Group; S E Thames Regional Health Authority (1993-1995)

Member: Regional Training and Education Group, S E Thames R H A: 1994-95

### COCHRANE COLLABORATION

Founder Member and Editor, Cochrane Collaboration Review Group in Depression,
Anxiety & Neurosis (1996-)

White Paper Response Group (1998 and 2000)

## GENERAL MEDICAL COUNCIL

GMC No. 2724740

GMC Visitor for new medical school, University of East Anglia (2001-2007)

## OTHERS

Member of Council, British Association for Performing Arts Medicine (1990-93).

Member of Council, Section of Psychiatry, Royal Society of Medicine (1992-)

Vice President, Section of Psychiatry, Royal Society of Medicine (1997-)

Secretary, Society for Psychosomatic Research (1993-2003)

Advisor to European Science Foundation, Environment and Health Programme (1997-99),

Consensus Committee on Unexplained Symptoms, US Armed Services University (1999-2000)

Data Monitoring Committee, VA Trial of CBT for Gulf Related Illness, VA (1999-2003)

Trustee, Sir Robert Mond Memorial Foundation (2000-)

Member, Risk Assessment and Communication Committee, National Radiological Protection Board

Member, Scientific Advisory Panel, Science and Media Centre, Royal Institution (2002-)

Member: Expert Advisory Group for the Emergency Response Division, Health Protection Agency, 2004-

Consultant, Department of Homeland Security Centre of Excellence, University of Virginia

Member, UK CRC Connecting For Health Advisory Group, 2006- 2008

Organising Committee EuroScience Open Forum (ESOF). 2008

Trustee, Combat Stress (2008-)

Member WHO Roster of Experts (Mental Health) 2013-